Books to Read with Your Children

**Increasing Positive Social Interactions**

* A Bad Case of the Tattle Tongue (Tattling/Social Behavior)

 By Julia Cook

* My Mouth is a Volcano (Impulsivity/ADHD) By Julia Cook
* Personal Space Camp (Social Proximity/Social Behavior)

By Julia Cook

**Teasing/Bullying**

* Spaghetti in a Hot Dog Bun: Having the Courage to be Who You Are (Teasing/Acceptance) By Maria Dismondy
* The Recess Queen (Bullying Behavior) By Alexis O’Neill
* Blue Cheese Breath and Stinky Feet: How to Deal With Bullies (Bullying)

 By Catherine De Pino

**Managing Uncomfortable Emotions**

* Nobody’s Perfect: A Story for Children About Perfectionism (Dealing with Perfectionism) By Ellen Flanagan Burns
* The Very Angry Day That Amy Didn’t Have (Emotions) By Lawrence Shapiro
* The Quiet Book (Emotions) By Deborah Underwood
* What to Do When You Dread Your Bed (Nightmares)

 By Dawn Huebner

* What to Do When Your Brain Gets Stuck (Obsessive Compulsive Disorder) By Dawn Huebner
* What to Do When You Grumble Too Much (Negative Thoughts)

 By Dawn Huebner

* What to Do When Your Temper Flares (Coping with Anger)

 By Dawn Huebner

* What to Do When You Worry Too Much (Coping with Anxiety)

By Dawn Huebner